

Questionnaire effect social mentoring

English version

Bij 0-meting:

Welkom!

You are now starting your journey with a buddy. This is new. That's why we have a few questions.

At the end of your journey, we will again ask you a few questions. In this way we learn whether the buddy helps. And what could be even better.

Important

- The answers are anonymous. We don't see your name.
- The answers do not change for you or for your trajectory.
- The answers are not right or wrong.

1. Do you know where you can go if you have a problem or want more information about

| | | |
|---|-----|----|
| a. housing | yes | no |
| b. leisure activities (sports, music, theatre, ...) | yes | no |
| c. municipal administration | yes | no |
| d. schools | yes | no |
| e. work | yes | no |
| f. financial issues | yes | no |
| g. medical issues | yes | no |
| h. (public) transport | yes | no |

Friends and acquaintances

Please answer the following questions. Tick the answer that applies to you.

2. How often do you feel alone?
 - never
 - sometimes
 - always

3. How many friends and acquaintances of Belgian origin do you have in Belgium/Greece/Sweden?
 - 0
 - 1 or 2
 - 3 or 4
 - 5 and more

4. How many friends and acquaintances of originating from your home country do you have in Belgium?
 - 0
 - 1 or 2
 - 3 or 4
 - 5 and more

5. How many friends and acquaintances of other origin do you have in Belgium?
 - 0
 - 1 or 2
 - 3 - 4
 - 5 and more

6. How much did you engage in sports or other activities last month?
 - never
 - once
 - often

Bij 1 measurment:

Welcome!

You are done with your buddy trajectory (please replace with the name of your project). We have a few questions again. In this way we learn whether the process helps. And what could be even better.

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7. Please answer the following statements with yes or no.

| | | |
|---|-----|----|
| I learned to know new things in my city due to the buddy <ul style="list-style-type: none">● new places● new organizations● new activities | yes | no |
| I have a better understanding about how people in Belgium live | yes | no |
| During the programme, I have enjoyed nice moments or pleasant activities. | yes | no |
| The buddy helped me find my way in the city (information about schools, leisure activities, how to rent a house, how the health system works, etc.) | yes | no |

8. How satisfied are you about your mentor/buddy?

- very dissatisfied
- dissatisfied
- not satisfied/not unsatisfied
- satisfied
- very satisfied

9. Can you indicate why you had or did not have a good match with your mentor/buddy?
(open question)

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